

# SCHMITT FAMILY FARM

Our Favorite Recipes

[www.schmittfamilyfarm.com](http://www.schmittfamilyfarm.com)

## *Sautéed Arugula*

*Tastes great served over pasta!*

Ingredients:

- Arugula
- Olive oil
- Garlic, chopped
- Tomato, diced

Directions:

1. Cut off Arugula roots and wash
2. Put olive oil and garlic in a pan
3. Add Arugula
4. Sauté until wilted
5. add tomato for the last minute